



Years 5 Physical Changes of Puberty Workshop and Parent Information Evening

Dear Parent/Carer

As part of our Term 2 Health Curriculum, Years 5 students will participate in a physical changes workshop delivered by Sexual Health and Family Planning ACT (SHFPACT). The workshop contains two sessions and each session runs for 90 minutes. All sessions are mapped to the content descriptors of the Year 5 & 6 Health and Physical Education Australian Curriculum and contain content about consent.

The workshop will address how puberty is a significant time of growth and change that all humans experience. In the workshop, students will explore the physical changes that occur at puberty and strategies to manage them. Topics for discussion will include private body parts, physical changes of puberty and reproductive systems. Students will be separated into gender groups for this program.

To complement the Year 5 Physical Changes of Puberty workshop, we have arranged a 90-minute Parent Information Evening session by a SHFPACT presenter. The session aims to provide parents with an opportunity to understand the sexuality and relationships education that children will be learning about, its place in schools and how parents can support your child through puberty and beyond.

Workshop	Parent Information Evening	Year 5 workshop (Physical Changes)	Year 6 workshop (Social and Emotional Changes)
Date	Monday 6 th May	Monday 13 th May	Wednesday 15 th May
Time	5:30pm-7:00pm	9:30am – 11:00am Session 1 11:45am – 1:15pm Session 2	9:30am – 11:00am Session 1 11:45am – 1:15pm Session 2
Participants attending	Parents/Carers of Years 5/6 students	Years 5 Students (single gender groups) Year 6 Students (mixed gender groups)	
Cost	No cost	\$10/per student	
Notes due back:	Friday 3rd May	Friday 3rd May	
Location	Staffroom	In classrooms	
What to bring	All resources will be provided.		
Teacher in charge	Duncan Lawler		

A program in an alternate classroom will be provided to your child if you **do not** wish your child to participate in the workshop. Please feel free to contact your child’s teacher if you have any questions.

Regards,
Years 5/6 team



ACT
Government
Education

Mawson Primary School

莫森小学

Ainsworth Street Mawson ACT 2607
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Years 5 Physical Changes of Puberty Workshop

Permission note

Monday 13th May 2024

I **do not** want my child _____ in _____ class to participate in the Physical Changes of Puberty Workshop.

I give my permission for my child _____ in _____ class to participate in the Physical Changes of Puberty Workshop.

Full name of Parent/Guardian (Please print): _____

Signature of Parent/Guardian: _____ Date: __/__/__

Daytime Contact Person: _____ Daytime Contact Number: _____

Mode of Payment: **Physical Changes of Puberty Workshop**

Child's Name: _____ Class: _____

Payment Amount Due: \$10.00

[Quickweb](#) via our school website (Please use your **CHILD'S NAME** and **Puberty** as the identifier)
Receipt Number: _____

EFTPOS/Credit Card at front office date paid __/__/__

Signature: _____

Please contact Kerri Morrison at the Front Office if you wish to arrange a payment schedule.



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RSVP Parent Information Evening Session (no cost involved)

Monday 6th May 2024

5:30pm-7:00pm

This form is only required if attending the session. Please return to the front office by Friday 3 May. The parent workshop will be held in the teacher staffroom on Monday 6 May commencing at 5.30pm

I/we want to participate in the **Parent Information Evening Session**.

Full name of Parent/Guardian (Please print): _____

Signature of Parent/Guardian: _____ Date: __/__/__

Contact Number: _____